



Health Alert

Illness Season: Prevention & Management

It is that time of year - illness season is upon us. Not surprisingly, we are seeing many illnesses among children and staff at childcare centers along the Front Range.

To help mitigate the spread of disease, here are some helpful guidelines to follow during this time:

- Please have children wash their hands immediately after removing their coat when they enter the classroom.
- Please keep sick children home until they are fever free (and not using any fever reducing medications) for 24 hours. Make sure they feel well enough to participate in the group care setting.
- Please keep children home for 48 hours after experiencing diarrhea or vomiting.
- If your child is sick, please notify your childcare center. This helps bring awareness to other families at the center about a particular communicable disease going around. Please know that your child's personal information will remain confidential.
- In addition to following their own Illness Policy, your child's center will also refer to the state and county health departments for infectious disease guidance.

Now is the time to consider having a back-up plan for childcare if your child is sick for an extended period of time. Discuss arrangements with your work in the event you may have to stay home to care for your sick child.

We appreciate your cooperation and attention to this matter.



Thank you!
Your Child Health Connection Nurse