



# Health Alert

## Croup

Please be aware we have a confirmed diagnosis of Croup at the center. Croup refers to an infection of the upper airway, which obstructs breathing and causes a characteristic barking cough. It is caused by a virus.

### Symptoms

- Barking Cough
- Hoarseness
- Fever
- Possible chest discomfort
- Noisy breathing

Symptoms generally peak 2-3 days after the symptoms of the viral infection begin. The symptoms last 3-7 days.

Croup typically occurs in younger children because their airways are smaller. Croup usually isn't serious and most children can be treated at home. But parents should be encouraged to consult with a pediatrician if the child is experiencing any breathing difficulty or other concerns are present. Medical intervention is sometimes necessary.

**This is a reminder to keep sick children home where they can rest and get well.**



**Thank you!**  
**Your Child Health Connection Nurse**