

Health Alert

Hand, Foot and Mouth

Please be aware we have a confirmed diagnosis of Hand, Foot & Mouth disease in your child's classroom. Hand, Foot & Mouth disease is associated with a viral infection that goes away on its own, without the use of antibiotics or other treatments.

Symptoms

- Tiny blisters in the mouth, fingers, palms of hands, buttocks, or soles of feet.
 - May see common cold symptoms, fever, sore throat, runny nose, and cough.
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Symptoms may last a little longer than a week. It is spread through large respiratory droplets when a child talks, coughs, or sneezes. Also, from contact with secretions from objects contaminated by the droplets.

Generally children are not excluded from care unless they have a fever, are unable to participate in activity, have excessive drooling making it spread easily on toys or surfaces, or unable to eat or hydrate due to mouth sores.

This is a reminder to keep sick children home where they can rest and get well.



Thank you!
Your Child Health Connection Nurse